

Chelsea's Lunch

APPETIZERS

CHICKEN WINGS. 12.99

Buffalo, garlic parmesan, BBQ, famous "Post Standard", Asian zing

CHICKEN WING DIP. 9.99

house made, with tortilla chips

PRETZELS. 8.99

Served with queso dip

SWEET TOTS. 10.99

Bacon, maple crème, scallions, wild berry sauce, jalapeños

SMALL PLATES

FISH TACOS. 13.99

Fried cod, power slaw, pickled onions, & queso fresco

DUCK WINGS. 13.49

Apricot chili, bourbon or Asian zing

CIDER MUSSELS. 13.99

Hand crafted chorizo, fennel, shallots, and local cider with garlic crostini

SHRIMP AND AVOCADO 15.99

Mexican street corn breaded shrimp, fried avocado, chipotle ranch & cilantro lime aioli

SALADS, SOUPS, AND BOWLS

The Orchard. 15.99

Roasted fennel, arugula, apples, pancetta, blue cheese, & radish, with toasted walnut dressing

CHICKEN CAESAR. 15.49

Romaine lettuce, house croutons, shaved asiago cheese, & Caesar dressing

HOUSE SALAD. 5.00

Mixed greens tomatoes, olives, croutons, & hard-boiled egg.

FRENCH ONION. 6.

SOUP OF THE DAY. 5.

ADD ON chicken breast (5.00), salmon (6.00) or steak (8.00)

STEAK HARVEST. 16.49

Grilled flat iron, mixed lettuce, feta, quinoa, butternut squash, craisins, & onion, with cider vinaigrette

MAPLE SALMON BOWL. 15.59

Spinach, romaine, hard-boiled eggs, tomatoes, avocado, queso fresco & warm maple bacon vinaigrette

HAND HELDS

FLY EAGLE. 13.99

Shaved ribeye, onions & peppers, mozzarella cheese, served on toasted hoagie roll

BLT. 9.99

Served on toasted white bread with lettuce tomato and bacon.

FISH & CHIPS. 13.99

Fried haddock with fries & tarter

GRILLED CHEESE. 9.99

Served on white bread

BURGER. 12.99

Cheddar, bacon, fried egg, onion ring, chipotle ranch.

MUSTARD CHICKEN. 12.99

Grilled chicken, lettuce, swiss tomato, honey mustard, on pretzel roll with sweet tots

FLATBREADS

ASPARAGUS. 12.99

Garlic herb base with crushed hot peppers, mozzarella & prosciutto, with asparagus & goat cheese

Jerk BBQ CHICKEN. 12.99

Chicken, cheddar, onion, sweet corn Jalapeños, jerk BBQ sauce, & scallions

MARGHERITA. 11.99

Slow-roasted tomatoes, mozzarella, basil & marinara

BUFFALO CAULIFLOWER. 12.99

breaded buffalo ranch cauliflower, mozzarella, and moody blue cheese, on cauliflower crust finished with shaved celery

WHAT THE DUCK? 12.99

Duck confit, mushrooms, duck prosciutto, fig, shallots, arugula & feta