

# LUNCH

## Chelsea's

RESTAURANT & BAR

### APPETIZERS

#### CHICKEN WINGS 13

Buffalo, garlic parmesan, BBQ, Asian zing, & famous "Post Standard"

#### PRETZELS 9

Served with queso dip

#### CHICKEN WING DIP 10

Served with tortilla chips

#### TRUFFLE TOTS 12

Truffle tater tots, bacon & srirachia aioli

#### DUCK WINGS 14

Apricot chili, bourbon, & Asian zing

#### TO PEAR-FECTION 11

Caramelized pear, gorgonzola, shallot, walnuts, balsamic, & arugula pesto on toasted crostini

### SMALL PLATES

#### FISH TACOS 15

Tortilla crusted mahi, pineapple slaw, & chipotle sour cream, on a grilled corn tortilla

#### CHELSEA'S MAC 13.5 / 10.5 plain

Bacon, cheddar, smoked gouda, roasted garlic panko, fresh green onion

#### SHRIMP & GRITS 14

Stone ground heirloom grits, shrimp, roasted peppers, scallions, pork belly

#### CHILI 12 bowl / 9 cup

Angus beef, three bean blend, stewed tomatoes, smoked chilies, scallions & avocado crème with side of cornbread

#### FISH & CHIPS 14

Fried haddock with fries, tarter & remoulade

### BOWLS, SALADS & SOUPS

#### WINTER FEST 15

Brussels sprouts, bacon lardoon, kale, blood oranges, almonds, & shallots, with lemon-pomegranate vinaigrette

#### SALMON BOWL 17

Quinoa, arugula, cucumber, roasted tomatoes, carrots, goat cheese, with honey lime vinaigrette

#### CHICKEN CAESAR 16

Romaine hearts, croutons, Caesar dressing & shaved asiago cheese

#### CARNE ASADA 17

Grilled skirt steak, romaine, avocado, tomatoes, fresh lime, cucumbers, onion, tortilla strips, with chipotle ranch dressing

#### HOUSE SALAD 5

Fresh lettuce, tomatoes, olives, croutons, & hard-boiled egg

#### FRENCH ONION 6

#### SOUP OF THE DAY 5

#### ADD ONS

chicken breast 5 | salmon 6  
shrimp 7 | steak 8 | scallops 9

# LUNCH

## HAND HELDS

*Comes with a side of your choice:*

*french fries | tater tots | house-made chips  
garlic french fries +1 | sidewinder fries +1.5  
truffle seasoned fries or tots +2 | side salad +2.5  
maple bacon brussel sprouts +2.5*

### **FLY EAGLE 14**

*Shaved ribeye, onions & peppers, mozzarella, on a toasted hoagie*

### **BURGER 13**

*Bacon, cheddar, fried egg, crispy onion, & remoulade*

### **MUSTARD CHICKEN 13**

*Grilled chicken, lettuce, tomato, honey mustard, Swiss, on pretzel roll*

### **BLT 10**

*Smoked bacon, lettuce, tomato, & mayo on toasted white bread*

### **GRILLED CHEESE 10**

*Served on sour dough bread*

### **TURKEY "CLUB" 11**

*Roasted turkey, lettuce, tomato, & bacon aiolo, on grilled jalapeño-cheddar wrap*

### **SALMON BANH MI 12**

*Blackened Salmon, cucumbers, carrots, pickled radish, fresh herbs, & lemon aioli on hoagie roll*

### **CHICKEN & BISCUITS 14**

*Chicken breast, corn, peas, carrots, fresh thyme, & onions, with hand crafted buttermilk biscuits*

## FLATBREADS

### **JERK BBQ CHICKEN 13**

*Grilled chicken, cheddar, onion, corn, scallions  
Jalapeños, & jerk BBQ sauce*

### **BUFFALO CAULIFLOWER 13**

*Fried cauliflower, mozzarella, blue cheese, shaved celery & buffalo sauce on cauliflower crust*

### **MARGHERITA 12**

*Slow-roasted tomatoes, mozzarella, basil & marinara sauce*

### **ASPARAGUS 13**

*Garlic herb butter, hot peppers, mozzarella, prosciutto, asparagus & goat cheese*